



# *Farm to Style (101)*



*FROM FARM TO  
TABLE TO ANIMAL  
RAISING*

→  
A fun activity  
in Side!

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## MAPLE SYRUP IN THE PNW



It's been said that you can't make Big Leaf maple syrup on the West coast, but this is not true. My family and I have been doing it for the last few years. We have found that it is good for the soil, Salmon, and species of animals living in the Big Leaf Maple forests.

Desiring to make maple syrup requires maple trees, and having Big Leaf Maple trees helps make the soil stronger. They have commonly been considered a weed, but are actually very helpful to have in a forest. By not requiring much water, and the big fallen leaves from the Big Leaf Maple trees help rebuild the soil.

Secondly, when you plant maple trees it cools and shade streams, and the shade improves the Salmon habitats in the streams. There is an argument that says that maple syrup producing destroys the salmon habitat. However, all that we learned is how much it helps the Salmon. They need the trees kept where they are. By using the tree for syrup and not logging them you are able to produce an income without hurting the environment.

Big Leaf Maple trees provide habitats for a large array of animal species, and reduce carbon emissions. This allows you to remove carbon from the air with minimal impact on the forest. It also provides homes to lots of local birds, squirrels, chipmunks, elk, and deer, but people deforest land cause they think that the maple trees are useless, however, they are not. By keeping them we can have homes for animals and sweet syrup for us.

Big Leaf Maple trees are more valuable per acre than any other crop in Whatcom County. They are great for our environment, animal homes, and fish habitats! This is why we should plant more maple trees, and not be afraid to tap them for sap.

## INCREDIBLE CHICKENS



Chickens are incredible! They are a massive part of our food supply. They produce eggs, manure, and meat! Firstly, the wonderful part about them are the eggs they lay. The typical person on average eats 5 eggs a week, 21 a month, and 255 eggs a year. We eat 3 tons in a lifetime or 19,826 individual eggs. Secondly, you can use their manure for fertilizer. Chicken droppings has the highest amount of nitrogen, phosphorus, and potassium making it a great homemade fertilizer for plants. Lastly, you can eat them. Chicken is the most common type of poultry, and most popular meat to eat in the world. In conclusion, chickens are an important part of our ecosystem. Also, did you know that there are more chickens on earth than people? Don't miss July 6th, National Fried Chicken Day!



# Farming word search



E	Q	O	X	X	N	D	K	D	T	K	U	G	B	E	O	U	Z	H	U
R	Q	B	V	N	Y	R	W	O	A	M	Y	J	S	Z	P	H	C	S	A
C	Q	W	A	F	E	T	A	M	X	I	S	I	F	J	T	N	J	X	D
A	B	V	J	E	I	U	G	B	T	K	R	L	S	H	A	H	K	Z	G
J	K	S	F	L	H	I	A	K	T	I	F	Y	K	R	D	E	V	F	V
L	L	X	L	F	K	P	E	K	L	A	G	C	Q	S	N	O	X	U	G
I	I	I	J	O	A	M	X	R	C	N	K	Y	H	E	C	A	R	N	L
E	N	V	I	W	O	U	J	J	W	S	D	P	X	U	Y	J	D	G	Q
G	Y	E	E	L	R	K	Q	F	M	M	C	C	G	F	F	Y	E	U	E
I	Q	H	P	S	A	E	Y	U	E	T	K	G	J	K	W	U	K	L	Q
P	U	D	P	L	T	M	Y	O	D	R	B	D	T	Q	O	J	K	A	J
Z	T	U	A	Y	O	O	M	P	C	P	Y	M	S	T	Y	B	X	T	H
D	M	M	R	A	F	C	C	Y	Y	E	Y	R	E	A	N	O	D	E	V
H	B	P	A	C	I	P	R	K	P	B	N	E	V	X	P	W	L	J	R
O	R	U	E	D	F	U	L	O	L	E	Q	I	R	C	M	W	E	B	H
V	K	A	G	R	I	C	U	L	T	U	R	E	A	C	R	O	P	S	H
G	A	C	I	N	A	G	R	O	W	C	C	M	H	S	A	G	L	Y	Y
O	I	W	S	Y	M	Z	B	E	E	Y	A	H	L	R	N	J	X	N	V
K	J	X	R	D	N	O	K	Z	F	V	R	R	D	B	T	W	W	E	T
J	H	H	G	J	F	G	U	T	D	I	H	K	T	X	E	O	N	D	X

- Acre
- Agriculture
- Barn
- Crops
- Dairy
- Farm
- Harvest
- Lamb
- Livestock
- Organic
- Ranch
- Tilling
- Tractor
- Ungulate



## "Tarsan I Jane"



CHEF PERFECTE WITH HIS WIFE ALIA OWN AND OPERATE THE FINE DINING RESTAURANT TARSAN I JANE. THE FOOD THEY SERVE REPRESENTS PERFECTE'S VALENCIAN CULTURE HE GREW UP IN. HE USES A LOT OF LOCAL INGREDIENTS IN HIS COOKING, INCLUDING NEIL'S BIG LEAF MAPLE SYRUP, AND RABBIT FROM VALLEY RABBITS BOTH OF WHICH ARE MENTIONED IN THIS MAGAZINE ISSUE.



## WHY RAISE RABBITS



It's been said that rabbits are very hard to raise; yes, that is true. However, rabbits have many benefits; the meat is great for you, they produce a lot of meat, don't require much space, and rabbits are good for the environment.

People tend to think rabbit meat is too hard, and not very good for you. However, rabbit meat is some of the healthiest and leanest meat you can eat. It has the highest amount of protein, the lowest amount of fat, and the least calories per pound. Rabbits are delicious white meat, that has a similar taste to chicken.

You may think that rabbits take up plenty of time and space. Rabbits don't need a lot of space; however, you do have to feed, and water them, and keep the cage clean every day which does take up some time. It is worth it since rabbits produce a lot of meat. They have six to ten kits every litter. You can process them for meat when they are eight to twelve weeks old. Three large does and one buck can produce offspring to yield six hundred pounds of meat per year.

Last, some say that rabbits produce a lot of droppings, and people do not know what to do with them. Rabbits are good for the environment with the manure they make. It can be put in the soil for plants to grow. You can also use it to help grow the feed for your rabbits.

Since rabbits can produce a lot of meat, they don't need a lot of space and are good for the environment, more people should raise them. An interesting fact about rabbits is that





*"Farming is fun when your together"*

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And visit <http://www.tarsanijane.com/#home>





more than half of the world's rabbits live in North America. So go raise rabbits now

